

UNRESTRICTED CARE, UNLIMITED IMPACT.

# IMPACT REPORT





## A MESSAGE FROM OUR PRESIDENT & CEO

Dear Friends,

We believe that quality and affordable healthcare is a human right. Our mission has always been clear: to provide accessible, high-quality care to every person, regardless of insurance status, background, or ability to pay. The contents of this Impact Report reflect not only the variety of services we provide but also the lives transformed through our work in the Central Florida community.

Over the past two years, we have seen remarkable growth within our organization for the community. With a fifteen (15%) increase in patients and a thirty-nine (39%) increase in visits, more people than ever are finding the care they need at 26Health. Our mobile healthcare unit, launched in 2024, has already provided over 1,500 free health screenings, reaching individuals who might otherwise go unseen. Through our Every Letter Health Equity Fund, we have ensured that cost is never a barrier—offering free and low-cost visits, medications and mental health support to those most in need.

However, beyond the numbers are the stories—like Joseph, who began his journey to living undetectable after an HIV diagnosis, or Baby Abby, who found a forever family through our adoption program. These lives, and countless others, remind us of the true meaning of Care for Every Letter.

As we look ahead, we understand the need for meaningful collaborative efforts to accomplish our vision: to eliminate healthcare deserts, strengthen behavioral health support and expand access points across Central Florida and beyond. And we sincerely believe that together—with our donors, partners and advocates—we are building a healthier, stronger and more equitable future for all.

Thank you for being part of this journey. Your support makes real impact possible and can transform real lives.

Yours in Service.

Latrice Stewart
President & Chief Executive Officer
26Health

### OUR PURPOSE

At 26Health, we believe that healthcare is a right, not a privilege.

#### **OUR MISSION**

To provide accessible, high-quality healthcare to *ALL* individuals, regardless of insurance status, or ability to pay.

#### **OUR VISION**

To eliminate healthcare deserts, strengthen behavioral health support and expand access points across Central Florida and beyond.



### OUR SERVICES

Expert care matters, and care led with compassion and understanding is necessary. You may face challenges in your journey to well-being, and our staff of clinicians, therapists, doctors, and practitioners are here to help meet your needs.

#### **Primary Care**

At 26Health, our medical providers are committed to delivering comprehensive, high-quality care, whether you are insured, uninsured, or underinsured. We understand that each patient's healthcare journey is unique, and we are dedicated to offering compassionate, personalized care every step of the way.

#### **Behavioral Health**

Our mental health providers are highly experienced and culturally competent, offering a diverse range of therapeutic techniques tailored to meet the needs of each patient. In addition to traditional counseling, we provide comprehensive psychiatric care and medication management.

#### **HIV & STI Testing**

We are proud to offer free testing for HIV and additional testing for Hepatitis C, syphilis, chlamydia, and gonorrhea at 26Health. In addition to testing, we provide treatment for those who are reactive. Our commitment is to ensure that everyone has access to the care and resources they need to maintain their health and well-being.

### OUR SERVICES cont.

#### **Adoptions**

The 26Health Adoptions Program is here to walk with you every step of the way. For birth parents, we offer compassionate guidance through legal and financial decisions so you never feel alone in the process. For adoptive parents, we start with a comprehensive home study to find the best fit for your family and stay by your side until your adoption is finalized.

#### **Mobile Unit**

The 26Health Mobile Unit is designed to bring essential healthcare directly to you. Offering free health screenings and HIV/STI testing, the 40-foot unit is equipped with a private provider room and multiple testing rooms, ensuring that we can deliver confidential care on the go.

#### The Venus Center

The Venus Center is 26Health's new space dedicated to inclusive reproductive and gynecological healthcare. Services include pap smears, birth control placement, menopause management, breast exams, family planning services, STI testing and treatment, and more.

#### Focus26

Focus26 expands standard mental health services at 26Health by providing a dedicated space to diagnose and manage a variety of cognitive and neuropsychological conditions. Our team provides collaborative care across our providers to ensure your care is tailored to your specific needs.

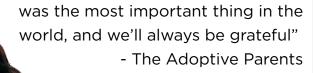
### CREATING FAMILIES

#### **BABY ABBY'S STORY**

One of life's greatest gifts is family. Since 2020, we have had the honor and privilege to create families. Two young adults made the brave decision to place their daughter up for adoption. The only request from the birth parents was for their daughter be placed in a home full of love.

Baby Abby was welcomed with open arms and hearts by two loving parents through 26Health's licensed adoption program. The family chose 26Health for the personalized support they knew they would receive at every step—from the home study, monthly home visits to the courthouse finalization.

"26Health Adoption helped us every step of the way, allowing us to achieve our family goals in the best way possible. They made us feel like our family



### ADDRESSING COMMUNITY NEEDS

Orange County residents face significant financial barriers, *spending \$0.55* of every dollar on housing and transportation, leaving little room for healthcare costs.

Orange County has a higher uninsured rate than the national average.

7.9% of people nationally are uninsured

11.1% of Orange County residents are uninsured



30% of the population has hypertension.



11.4% of the population is diabetic.

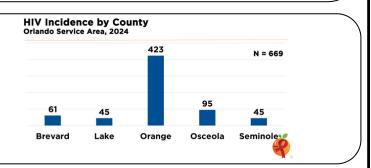


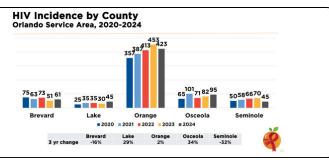
Our Health Center is in a Mental Health
Professional Desert, meaning there aren't
enough providers to meet the
community's needs.

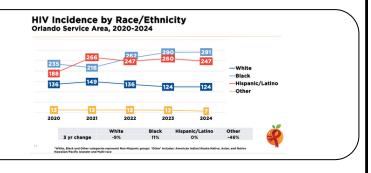
Despite these challenges, 26Health has stepped up to fill the gaps.

### FIGHTING AN EPIDEMIC

There are nearly 15,000 individuals living with HIV in Central Florida, and new cases presenting each year, HIV prevention and treatment programs are critical.







# FIGHTING AN EPIDEMIC cont.

- 97% of new transmissions among women result from heterosexual contact.
- People aged 13 to 34 account for 56% of new diagnoses.

### OUR IMPACT

- Immediate access to PrEP & PEP for prevention
- ► Free & low-cost HIV/STI testing
- Treatment initiation within 48 hours of diagnosis
- Behavioral support for newly diagnosed individuals
- Community education to reduce stigma & increase awareness

Only 71% of HIV-positive individuals achieve viral suppression. So, our work is far from over, but progress is being made.



### LIVES CHANGED

### JOSEPH'S STORY

Joseph, like 40% of Black men in America, had not seen a doctor in over a year. Despite having insurance, he avoided doctor visits—until a sudden illness forced him into the hospital. After his release, lingering symptoms led him to a pharmacy clinic, where, given Orange County's high rates of HIV transmission, a provider suggested HIV testing. When Joseph learned he was HIV positive, his world turned upside down.

Unsure of what to do next, a friend recommended 26Health. Within 48 hours, Joseph was seen by one of our providers and immediately started treatment, beginning his journey to becoming undetectable. Today, more than 70% of people like Joseph are now undetectable and live healthy, fulfilling lives.

Joseph's journey is one of thousands at 26Health, where we provide care for every letter, ensuring that *no one is left behind.* 

### MORE THAN A SLOGAN

### Leveraging the Every Letter Health Equity Fund to Advance Community Wellness

Care for Every Letter is more than just a phrase—it is a commitment to ensuring that healthcare remains accessible to all, no matter their financial situation. The EVERY LETTER HEALTH EQUITY FUND was created to bridge gaps in care for uninsured and underinsured individuals, ensuring that cost is never a barrier to receiving life-saving medical and behavioral health services.

#### Through this fund, we:

- Provide *free or low-cost medical visits* for those without insurance.
- Offer mental health counseling and crisis intervention to those in need.
- Cover essential screenings and medications for chronic disease management.
- Provide transportation assistance, ensuring patients can access vital in-person care at appointments.

The Every Letter Health Equity Fund, through the support of our partners and donors, continues to remove barriers, allowing every person to receive the care they deserve.

### EXPANDING ACCESS:

#### MOBILE HEALTHCARE UNIT

One of the most transformative additions to our services in 2024 was the launch of our mobile healthcare unit. Since August 2024, we have conducted over 1,500 free health screenings, bringing essential care directly to underserved communities.

#### **Key Mobile Unit Services:**

- ► Health screenings & wellness exams
- Primary & preventative care
- Behavioral health counseling
- ► HIV/STI testing & education
- Chronic disease management

By taking healthcare directly into the community, we have reached individuals who may not have sought care otherwise. Eliminating *transportation* as a barrier to health.



### COMMUNITY OUTREACH

Outreach & Street Team Initiatives: Our outreach teams go directly into communities, connecting individuals with services they may not realize are available. Through our partnerships, we help patients access housing support, legal aid, job assistance, and more.

### EVOLUTION CLOSET

The Evolution Closet is a community resource offering free clothing, shoes, and accessories in a welcoming boutique-style setting with a private dressing room.

Donations are accepted year-round to keep the space stocked and open to anyone in need.





### NEW BEGINNINGS

#### **JOHN'S STORY**

Referred by a local agency, John came to 26Health with one request: to look sharp for a job interview. Recently released from incarceration, the idea of dressing up after years away felt daunting, turning a hopeful step into another challenge.

At the Evolution Closet, he shared his story as staff helped him select a suit that gave him confidence. When they suggested a tie, John admitted he didn't know how to tie one. A team member patiently showed him, a simple act that brought him to tears—he said it was the first time since his release that someone had shown him such kindness.

John left smiling, proud of his new look and walking a little taller. Though that initial job interview didn't pan out, he soon landed another job wearing the same suit.

# MORE FOR THE COMMUNITY

In 2025, 26Health opened *two new service spaces* to better care for the community's health concerns.

### THE VENUS CENTER



The Venus Center is amazing! I was able to make a same-day appointment for birth control. My provider was kind and she worked with me to find a birth control that fit what I was looking for AND was covered by my insurance. I would recommend to all my friends!

#### FOCUS26



Focus26 was super welcoming and comfortable, which made it easy for me to open up about the changes I've been facing. My therapist really listened to what I was going through and gave me practical insight and encouragement that left me feeling supported and understood. I'd highly recommend to anyone looking for genuine care on their mental health journey.



### LOOKING AHEAD: THE FUTURE OF 26HEALTH

Our vision is **bold**: to **eliminate healthcare deserts**, **create health equity**, and ensure every individual has access to high-quality, affordable care.

#### **PHARMACY**

We are opening an in-house pharmacy to provide seamless access to prescriptions. This project will be completed by the beginning of 2026 and provide an easy, accessible space for patients to fill their prescriptions.

### IN THE NEXT 5 YEARS, WE PLAN TO:

- Expand access points in Central Florida & beyond.
- Increase the reach of our mobile unit, targeting the most underserved areas.
- Enhance behavioral health services, especially for trauma & crisis support.
- Strengthen our partnerships with organizations that align with our mission.







### JOIN THE MOVEMENT

The impact of 26Health is undeniable, but we cannot do it alone. Whether through donations, volunteer work, or advocacy, there are many ways to support our mission.

#### Ways to Get Involved:

- Donate to support uninsured patients & life-saving programs.
- Sponsor our mobile unit to reach more individuals in need.
- Volunteer in outreach initiatives & community events.
- Advocate for healthcare policies that prioritize equity.

Together, we can transform lives and create a healthier, stronger community. Thank you for being a part of our journey.

100% of every dollar through the every letter fund is invested in patient care.

In 2024 and 2025, the Every Letter Fund contributed to more than 180 patient encounters.

Your partnership can change lives.



## **Connect With Us!**

- **?** 801 N. Magnolia Ave. Orlando, FL 32803
- 321-800-2922
- www.26health.org
- info@26health.org



